Buckhead Concierge Internal Medicine
Dr. Edward Espinosa

Classification of Blood Pressure

Category	SBP mmHg		DBP mmHg
Normal	< 120	and	< 80
Prehypertension	120-139	or	80-89
Hypertension, Stage 1	140-159	or	90-99
Hypertension, Stage 2	≥ 160	or	≥ 100
Key: SBP=systolic blood pressure		**DBP=diastolic blood pressure**	

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