



## Colorectal Cancer Screening Guidelines

|              | Patient Description   | Evaluation Indicated |                |   |  |
|--------------|---|----------------------|----------------|---|--|
|              |   | Digital Rectal Exam  | Stool Hemocult | Colonoscopy                                       | Sigmoidoscopy  |
| Average Risk | AGE 50 +<br>No symptoms:<br>Negative family history   | Every Year           | Every Year     | Now, then every 5-10 years if negative.           | If Colonoscopy not available, Sigmoidoscopy plus air contrast Barium Enema would be second choice. |
|              | ANY AGE<br>With personal history of colon polyps or cancer; first degree relative with colon cancer or colon polyps   | Every Year           | Every Year     | Colonoscopy now, then every 3-5 years if negative |  |
| High Risk    | Blood in stool, iron deficiency or anemia   | Every Year           | ————           | Colonoscopy now                                   | ————   |
|              | Ulcerative Colitis  | Every Year           | ————           | Yearly, after 7 years of disease                  | ————   |
| Other        | <b>INDIVIDUALIZED APPROACH</b><br>Other GI symptoms, abdominal pain, narrow stools, constipation or diarrhea, “gas” or distention, family history of gynecologic, breast, or other GI cancer. |                      |                |   |  |